

WHY PEOPLE HURT AND WHAT YOU CAN DO ABOUT IT

WHEN: TUESDAY, AUGUST 31ST
11:30-12NOON: LUNCH & REGISTRATION
NOON-2:00PM: CEU

WHERE: UAA CONSORTIUM LIBRARY, ROOM #307
3211 PROVIDENCE DRIVE

Members: \$40.00

Non-Members: \$45.00

Please join ASID Alaska and Neutral Posture, INC for our Distinguished Speaker Series on Tuesday, August 31st . Dr. Jerome Congleton will be giving an informative ASID Approved CEU worth 0.2 CEU Credits!

Why People Hurt and What You Can Do About It

Traditionally, schools of interior design have neglected to focus on office ergonomics, leaving their designers ill prepared to deal with the growing tide of repetitive stress injuries, cumulative trauma disorders and upper extremity disorders. The marketplace is becoming inundated with ergonomic “wannabes,” and without proper training, interior designers will be unable to satisfy customers’ needs for properly designed furniture and office components. This session addresses the core principles behind what causes these ailments and what designers can do about them.

Additionally discover the human body’s unique, preferred posture and learn how to design products and office spaces that will help users maximize their health and productivity. Find out what causes most of the sitting-related aches and pains in the modern workplace, and how to alleviate those problems. Gain ergonomic insight into the latest ergonomics research and practical ways that ergonomics can have a positive impact on the workplace. (0.2 CEU Credits- IDCEC Registration # 7773)



ALASKA

FRIENDLY REMINDER: The NEW ASID bylaws and policies require all practitioner members (professional and allied members) to earn a minimum of 0.6 approved CEU’s every two years. This is a required condition of membership. The current reporting period began Jan. 1, 2010 and will end Dec. 31, 2011.

Currently On-Line CEU’s are running approximately \$50 per 0.1 CEU.

By attending this DSS CEU you will not get lunch but you will be completing 1/3 of your ASID CEU requirements for this reporting period!

JEROME J. CONGLETON, PhD, CPE, PE

Co-Director of Ergonomics Center
Professor of Ergonomics and Safety Engineering
Strength and Conditioning Performance Coach
Texas A&M University System HSC-SRPH
109 SRPH Administration Building
Mail Stop 1266
College Station, TX 77843-1266
Office Phone: (979) 845-5574
Office Fax: (979) 862-8371
Email: ergo@tamu.edu



Dr. Jerome J. Congleton, Ph.D., PE, CPE, is a Professor of Ergonomics and Safety Engineering at the Texas A&M University Health Science Center School of Rural Public Health, Co-Director of the Ergonomics Center at Texas A&M University and serves part-time as a Strength & Conditioning Performance Coach for the Athletic Department. His educational background includes a BS in Industrial Engineering from the University of Evansville in Indiana, a MS in Management from the University of Arkansas and a Ph.D. in Industrial Engineering from Texas Tech with research emphasis on Ergonomics/Human factors (the design of the workplace to fit the worker).

Dr. Congleton previously worked at ALCOA for eight years as an Industrial Engineer and Safety Manager solving posture and material handling problems. Prior to that Dr. Congleton served as a fighter pilot in the United States Air Force for seven years. He is a Vietnam Veteran with 213 combat missions for which he received the Distinguished Flying Cross and 17 Air Medals while flying the F-4 Phantom.

Dr. Congleton serves as a consultant in research and development for Neutral Posture Inc., in Bryan, Texas. In addition to his teaching responsibilities, he works with industry in professional development and ergonomic evaluation and research (with over 10 million dollars of support to date). Dr. Congleton is a past Co-director of the Ergonomics and Work Measurement Division of the Institute of Industrial Engineers and is a past member of the board of directors of the International Industrial Ergonomics and Safety Foundation. His research interests are in office ergonomics, seated research, workplace design, prevention and control of back injuries, worker physiology, performance measurement and enhancement, and ergonomics. He holds 8 patents, 36 refereed journal publications and has graduated and chaired 19 Ph.D.'s and 87 Masters.

